

FRIDAY 26 APRIL

Time	Event Name	Information about the talk...
8.30 till close	East Coast Visions presents Best Day Ever	<p>With an introduction from adventure cameraman Chris Mclean and featuring Montane's athlete manager Wim Stevenson, this is an insight in to the planning and the execution that goes in to making every Best Day Ever a reality.</p> <p>Join us as we christen our base camp stage with inspiring stories from our friends at Montane, plus loads of brilliant freebies to get the DAF19 party started. Hosted by James Cummings of East Coast Visions</p>

SATURDAY 27 APRIL

Time	Event Name	Information about the talk...
12.00pm – 12.30pm	The View from the Summit	John Robson from Fire and Ice Expeditions explains why Mountains are a Metaphor for Life
12.45pm – 1.15pm	Montane present Marcus Scotney	Marcus talks us through some of his most recent and astonishing achievements in the vanguard of British ultra-running, using these accomplishments to reflect on his own running highs and lows, and exploring what running can do for your mental health.
1.15pm - 3.45pm		FREE SLOT! If you have an inspirational story you want to share, sign up to our basecamps on the day!
4.45pm – 5.15pm		FREE SLOT! If you have an inspirational story you want to share, sign up to our basecamps on the day!
5.15pm – 5.45pm	Mera Peak	Director, Producer and Expedition member Andy Spink introduces his short film Mera Peak
6.00pm – 7.15pm	East Coast Visions presents Water Women	Sally McGee and Georgie Page have taken their love of the ocean and made it central to everything they do in their lives, both in and out of work, with and without their kids. These two Water Women show how you can use your passion to create new horizons in your communities, and inspire positive change.
8.15pm – 9.15pm	East Coast Visions presents Anto Baird – Way Off Piste	<p>Anto Baird tells the story behind the stunning photography exhibition resident in our gallery space.</p> <p>This beautiful photographic exhibition has something for everyone. From penguins to powder skiing, sails to sunsets- walking in the footsteps of Sir Ernest Shackleton has rarely looked so good. Taking in a a 5 day sail across the convergence line, your ship is the first thing to freeze on the way to South Georgia. What</p>

		lies in wait is something staggeringly beautiful, if you can just make it past the Sea lions on the black sand beaches. This photo story is nothing short of epic. Come along to the Fringe stage at 8:30pm on Saturday to hear the story from the man himself.'
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SUNDAY 28 APRIL

Time	Event Name	Information about the talk...
12.00pm – 12.30pm	Durham Johnston students present: A collection of short adventure films	Alongside the awesome visual art displayed in our basecamp area, students from Durham Johnston have also been busy shooting their own adventure films, inspired by DAF19. Join us to see the results of the next generation of adventurers!
1.30pm – 2.00pm		FREE SLOT! If you have an inspirational story you want to share, sign up to our basecamps on the day!
2.00pm - 2.30pm	Dan Smith - Paddle of Britain	Kayaking the length of Great Britain in land, Dan talks about his brilliant journey to raise money for the Royal British Legion.
2.30pm - 4.30pm		FREE SLOT! If you have an inspirational story you want to share, sign up to our basecamps on the day!
4.45pm - 5.15pm	Adventures in Western Papau	Duncan Hale describes his expedition to climb Carstensz Pyramid involving jungle, cannibals, penis gourds, guerrillas and all sorts!
6.00pm - 7.00pm	East Coast Visions presents Franco Cookson	A regular in the North East and one of the most committed climbers in the UK, Franco's exploits in the hills are the stuff of legend. Slowly amassing a significant library of the good the bad and the ugly of climbing routes, join Franco to hear about the finger tipped knife edge between success and failure.
7.15pm - 7.45pm	I'll Make a Way or Find A Way	John Robson tells of his extraordinary recovery from being told he would never run or climb again to summit Mera Peak (6,476m) in the Nepal Himalayas
8.30pm - 9.00pm	East Coast Visions presents Gary Fildes – Searching for Light	East Coast Visions presents Gary Fildes, the story of a bricklayer from Sunderland who always dreamed of the stars and the many mysteries of outer space. Gary took this passion project and slowly turned it in to the monumental success that is Kielder Observatory. Gary's story then takes him from Kielder to South America, into the Atacama desert and beyond, always looking up, always chasing the darkest night sky

JOIN THE ADVENTURE
26 - 28 APRIL 2019